Your brain can’t process two things at once. It switches attention from one task to another.

96% of people think texting while driving is dangerous – yet 44% do it.

Dangerous even when sitting at red lights or stop signs because it takes your brain some time to return its focus to the road.

Voice-to-text is not safer – it may distract you longer than texting.

Nothing is more important than getting to your destination safely. Use your phone and other technology only when you are safely parked.

nscl.org/justdrive

Sources: AAA Foundation for Traffic Safety, NSC report “Understanding Driver Distraction”