

Radiation Dosimeter Report Access

Environmental Health and Safety - Radiation Safety

110 Suffolk Hall, 631-402-2175

All Stony Brook University & Stony Brook Medicine radiation workers can now access their personal dosimetry reports! Follow these simple instructions.

To view your radiation dose report:

1. Go to <http://www.myldr.com>
2. Enter username: **stonybrook**
3. Enter password: **seawolf@SB**
4. Click *Login*.
5. On the *Landauer Individual Dose Report* screen, enter the account number: **0084000**. Enter the serial number found on the dosimeter you are currently wearing, see graphic below.



6. Click *Submit*. You will then see a summary your most recent quarterly dosimeter results, your total doses for the last two years, and your lifetime dose.
7. To see more detailed information, click on *View Details* on the bottom right corner. This screen shows your exposure per wear period (month or quarter) for the last two years.
8. Finally, you can export your results in PDF, Excel, or XML format.

Reference – terms you will see

DDE (Deep Dose Equivalent) - applies to external **whole-body** exposure at a tissue depth of 1 cm (1000 mg/cm²) averaged over an area 1 cm².

LDE (Lens Dose Equivalent) applies to external exposure of the **lens of eye** at a tissue depth of 0.3 cm (300 mg/cm²).

SDE (Shallow Dose Equivalent) applies to external exposure of the **skin or extremity** at a tissue depth of 0.007 cm (7 mg/cm²) averaged over an area of 1 cm².