



SAFETY TALK

Environmental Health and Safety Newsletter

November 2024

Fall Driving

The fall season means shorter days and less daylight which brings additional safety issues.

Factors to be aware of when driving in the dark:

- The risk of a fatal crash is three times greater at night
- Depth perception, color recognition and peripheral vision can be compromised in the dark
- The glare or headlights from an oncoming car can temporarily blind a driver

Tips for driving in the dark:

- Be sure headlights are aimed correctly
- Look away from oncoming lights
- Ensure your vehicle receives regular maintenance and the windshield is clean
- Maintain safe speed and increased distance from the vehicle ahead of you

Other things to be aware of when driving during the fall:

- Fallen leaves can cause slippery driving conditions
- Children love to play in piles of leaves, so use extra caution where leaves are piled at curbside.
- Watch for deer or other animals, who are more likely to run into the road during the fall. You're 3.5 times as likely to hit an animal, especially a deer, in November as at any other time of the year.
- When temperatures have been cold enough that moisture on the road has turned to ice in spots, slow down. Pay special attention to bridges and overpasses. All those "bridge freezes before road" signs are serious.

If you are fatigued or impaired, don't drive.

Date:	
Department:	
Supervisor (please print):	
Supervisor Signature:	
Employee Participants: **Please Print Clearly**	Signature

Environmental Health and Safety

110 Suffolk Hall Stony Brook, NY 11794
Main Office: 632-6410 Fax: 632-9683

Please share the safety talk, for the noted month, with your employees and sign off on this form. All others should read for themselves. Completed forms shall be kept on file by the department.