# If you have a work-related injury or illness:

- 1. Report your injury or illness to your direct supervisor or their designee.
- 2. Complete the Employee section of the *Employee Injury/Illness Report* and have your supervisor or their designee complete the Supervisor section. For a contaminated sharps injury, also complete a Sharps Injury Log. These forms are available on Hospital intranet under "Forms."
- 3. Seek medical attention if needed:
  - Report to Employee Health & Wellness (or the ED during off hours or in a lifethreatening emergency).
  - Employee Health & Wellness or the ED will complete the Medical Information section of the Employee Injury/Illness Report.
  - Tell your doctor or practitioner that your injury is work-related.
  - If you have not received medical attention at this time, this must be noted on the form.
- Hospital staff: fax Employee Injury/Illness Report & Sharps Injury Log to 631-706-4230 (internal: "9" 706-4230). Research Foundation staff: mail/fax to RF Human Resources. Provide a copy to your supervisor.
- Notify the NYS Accident Reporting System (ARS) Monday to Friday from 9 AM - 9 PM at 888-800-0029.
- 6. Notify your supervisor or designee and Timekeeping of any time off due to the workplace injury/illness.

- If you are losing time from work due to a workrelated injury/illness, medical documentation must be provided from your healthcare practitioner to Timekeeping (fax: 444–5822). The note from the practitioner should state you are disabled due to a work-related injury and provide an estimated date of return.
- 8. Report any incidents involving medical equipment to Biomedical Engineering (444-1420).
- 9. Report any incidents involving workplace violence to your supervisor and complete the WPV form in SB Safe if the incident involves a patient or visitor.

Important: For the State Insurance Fund to evaluate your case for payment of Workers Compensation wage replacement benefits and medical bills, you must submit an Employee Injury/Illness Report in a timely matter and notify ARS. If you will be out of work, you must also provide a medical report from your practitioner stating you have a work-related disability.

## You Got Caught Being Safe

Environmental Health & Safety (EH&S) has a **safety recognition program** to acknowledge staff for performing safe acts and/or promoting a safety culture at the hospital.

If you would like to nominate a staff member for this recognition, please email EH&S at *yvonne.walsh@stonybrookmedicine.edu* and provide the person's name, department, supervisor, and details on why they are deserving.





Occupational Injury & Illness Prevention Program (OIIP)

Timekeeping/Work Comp 4-4377 Employee Health & Wellness 4-7767 Environmental Health & Safety 4-6783

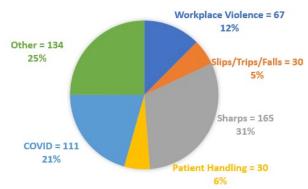
Reference:

Administrative Policy HR:0016, Employee Occupational Injury/Illness Reporting. October 2023

# The most prevalent types of injuries and illnesses that impact our hospital staff are:

- 1. **Contaminated Sharps** (e.g., needlesticks)
- 2. **Ergonomic Sprains** (e.g., patient handling, trash handling, and handling or transporting supplies or equipment)
- 3. Lacerations, Contusions and Sprains (e.g., slips, trips, falls, and impact)
- 4. Workplace Violence injuries during patient care





## Your actions can keep you and your coworkers safer and reduce these numbers.

## To reduce our injuries and illnesses, we must ALL actively participate in injury prevention:

- Sharps: Ensure the sharps safety feature is fully activated and immediately dispose any used sharps into a sharps container. Call Housekeeping if the container is more than twothirds full.
- Lifting: When handling heavy equipment or supplies, use available equipment or ask for assistance.
- Patient Lifts: Minimize patient lifts. Plan ahead and use the proper safe patient handling equipment.
- Wet floors: Be careful and alert to your surroundings. If you see spillage or wet floors, take immediate action to remediate. Post wet floor signs, if necessary.
- **Trips:** Secure loose wires to minimize tripping hazards.
- PPE: Always correctly wear required personal protective equipment such as gloves, goggles, gown, mask, or respirator.
- Emergencies: Know the location of your department's emergency equipment including the fire alarm pull station, fire extinguisher, oxygen shut off valve, spill kit, eyewash/safety shower and power outage box.

If you see something, say something. Report unsafe conditions to your supervisor, Environmental Health & Safety (4-6783), or University Police (911) immediately.

## Workplace Violence Prevention Tips:

# Watch for <u>signals</u> that may be associated with impending violence such as:

- Verbally expressed anger and frustration
- Body language such as threatening gestures
- Signs of drug or alcohol use
- Presence of a weapon.

#### Maintain behavior that helps defuse anger:

- Present a calm, caring attitude.
- Don't match the threat.
- Don't give orders.
- Acknowledge the person's feelings.
- Avoid behavior that may be interpreted as aggressive (moving rapidly, getting to close, touching or speaking loudly).

#### Be <u>alert</u>:

- Evaluate each situation for signs of escalating behavior which could lead to violence when entering a room or relating to a patient or visitor.
- Be vigilant throughout the encounter.
- Don't isolate yourself with a potentially violent person.
- Always keep an open path for exiting.

# Take these<u>steps</u> if you can't defuse the situation quickly:

- Remove yourself from the situation.
- Call University Police from a hospital phone at 911 or 631-632-3333 on a cell phone.
- Report any violent incident to your supervisor and complete the Workplace Violence Incident Report available in SB Safe.