

SAFETY INSIGHTS

News and Awareness Information from Environmental Health & Safety

June 2021

National Safety Month 2021

June is National Safety Month, an annual observance led by the National Safety Council to highlight pressing weekly topics and encourage everyone to prioritize safety from the workplace to anyplace. Please take some time to review the topics below and consider how you can keep our Stony Brook community safe.

Sincerely,
Gary Kaczmarczyk
Assistant Vice President
Environmental Health & Safety



Week 1 - Prevent Incidents Before They Start

No matter your role, you can make a difference by identifying risks and taking proactive steps to limit hazards associated with new equipment, products, work locations and staff.

- Review the Safety Data Sheet (SDS) for any new product you may be ordering.
- Identify hazards associated with the use and storage of products.
- Provide and use recommended personal protective equipment.
- Perform a hazard analysis to identify and evaluate risks.
- Develop written procedures for tasks.
- Know the location of emergency equipment and exits.
- Attend required safety training.

References:

- OSHA Job Hazard Analysis
- Safety Data Sheets
- Workstation Design



The COVID-19 pandemic has affected each of us in different ways. Here are some ideas that can help reduce stress and anxiety.

- Reach out to your doctor or other medical professional with concerns about your physical or mental wellbeing.
- Go for walks or bike rides.
- Exercise, meditate or practice yoga at home or outside.
- Reach out to family members, friends and colleagues regularly.





- Engage in hobbies you enjoy (gardening, reading, cooking, etc.).
- Prioritize good sleep and healthy eating.

Need Help?

- Employee Assistance Program: Free Resources for Coping with Covid-19
- Counseling and Psychological Services: COVID-19 Student Resources
- Stony Brook Medicine: COVID-19 Resources and Resiliency Tools
- The Ombuds Office: Becoming Resilient

Week 3 - It's Vital to Feel Safe on the Job

Being able to be one's self at work without fear of retaliation is necessary for an inclusive safety culture. Stony Brook University is committed to creating an inclusive, safe and accessible environment free of discrimination, sexual harassment, misconduct or violence.

Get more information:

- Workplace Violence Prevention Program
- Office of Equity and Access
 - o Sexual Misconduct
 - o Equity and Inclusion
 - o Accessibility and reasonable accommodation practices
- University Police Department Programs & Safety
 - o Campus, Community and Personal Safety Advisory Committee



Week 4 - Advance Your Safety Journey

Safety is all about continuous improvement. We all play a role in this journey, and we encourage everyone to learn more about how to identify risks, report hazards and stay informed on important safety issues.

- Familiarize yourself with all of the EH&S Program areas.
- Read the EH&S Policies & Procedures that may apply to your work.
- Attend required **EH&S Safety Training**.
- Obtain a <u>Safety Permit</u> where required.
- Contact any of our <u>EH&S Program Managers</u> if you have questions.
- Report hazards and concerns to ehsafety@stonybrook.edu.



Meet Our EH&S Staff



Barbara Boyle, Director of Healthcare Safety, joined EH&S on April 15, 2021. As the Hospital Safety Officer, Barbara provides leadership and direction for the EH&S Healthcare Safety group and Hospital safety programs, including implementation of The Joint Commission (TJC) Environment of Care (EOC) standards and the Safety Management, Life Safety Management, and the Hazardous Materials and Waste Management plans. Barbara also provides guidance and support for the Healthcare Sustainability Committee, Workplace Violence, Patient Safety and other hospital committees.

Barbara was formerly the Director for Environmental Health & Safety (EH&S) at SUNY System Administration where she provided guidance and support to SUNY campuses for a wide range of EH&S topics and programs, and she has prior experience as a Safety

Officer/Environmental Manager at Albany Veterans Affairs Medical Center.

Barbara has a Bachelor of Science Degree in Chemistry. She is a Certified Industrial Hygienist, Certified Safety Professional, NYS Code Enforcement Official, and has specialized training in facilities safety issues, emergency management and other health & safety topics.

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"We Care About Safety... People - Science - Education - Medicine - Environment"

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