**EXP+ Contract**

Undergraduate students may fulfill the Stony Brook Curriculum's EXP+ learning objectives through a mentored learning activity in which the student applies knowledge and skills acquired within the classroom in real-world settings and in which insights and skills developed through real-world experience enhance academic success and professional development. Successful experiential learning requires reflection, mentoring, feedback, critical analysis and synthesis.

***PLEASE DO NOT HAND WRITE THIS FORM. USE EITHER WORD OR GOOGLE DOCS TO FILL IT OUT.***

***Note: This form should be completed by the student in close consultation with the mentor and/or supervisor.***

Student full name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ SBU ID#\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Academic Mentor/Supervisor\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Course #\_\_\_\_\_\_\_\_\_\_\_\_\_ Section#\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Year\_\_\_\_\_\_

Sem: Fa\_\_\_ Sp\_\_\_ Sum1\_\_\_ Sum 2\_\_\_

Credit hours requested\_\_\_\_\_\_\_\_\_ (1 credit hour = 40 hours effort/sem)

Prerequisites completed (if applicable):

What additional training (if any) must student complete in preparation for the project? How will it be documented and who will review the documentation?

**Project Description**: In 1-3 paragraphs describe the proposed research project, internship, or other learning experience.

**Responsibilities and Structure**: How many hours/week will you work? Who will be your primary on-site supervisor/mentor? Describe your responsibilities.

**Reflection:** Key to experiential learning is reflection: prior to beginning the mentored learning activity, during the activity, and after completing the activity. According to the National Society for Experiential Education, reflection is what transforms an experience into a learning experience.

Reflection prior to beginning the activity: *The following sections on “Learning Objectives” and “Goals” enable you to reflect prior to beginning the activity on why you want to do it and what you hope to get out of it. You can look back to this pre-activity reflection when writing the post-activity reflection, in part to compare what you had hoped to gain from the activity prior to beginning it and what you actually gained from doing it. Therefore, please be as specific as possible here so that you can easily refer to this material later on.*

*Learning Objectives*: What skills/knowledge do you hope to gain from this experience? Check all that apply; describe succinctly.

\_\_\_develop problem solving skills\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_work independently, setting goals and managing time\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_work effectively with a team\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_develop communication skills\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_improve knowledge of your discipline and/or future profession\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_acquire discipline-specific skills (e.g., computer, research skills):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_-\_\_\_\_\_\_\_

\_\_\_other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Goals***:**

1. How do you expect this activity will contribute to your development--academic, professional, intellectual, other?
2. How do you expect to contribute to the goals of the organization or project?

Reflection during the activity: How will you record what you are doing and reflect upon what you are learning (e.g., lab notebooks, journal, blog, emails to academic mentor)? How often will you share these reflections with your academic mentor?

Reflection at the end of the activity: Final reflection may take the form of a paper, a presentation, or another substantial product that incorporates the pre-activity learning objectives and goals to address: the skills developed; relevance to your academic studies; insights that changed/confirmed your future professional goals, etc. How will you synthesize/present outcomes and reflect upon what you have learned?

**Monitoring**: How will the academic mentor (and on-site supervisor if applicable) provide feedback?

1) **During the activity**?

2) **At the end of the activity?**

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| **Student Information:** | **Undergraduate Program Director Information:** |
| Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_ | Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_ |
| Name (please print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Name (please print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
|  |  |
| **Academic Mentor/Supervisor Information:** | **Site Supervisor Information**  **(if different from Academic Mentor/Supervisor):** |
| Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_ | Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_ |
| Name (please print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Name (please print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Department: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Company: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

***Note: Submit the completed form with signatures and supporting materials to the UG Director or Coordinator.***