

OLLI at SBU Fall 2020 Schedule - Catalog Version

MONDAY

Workshop Title: Nature Photography - Hiking and Kayaking in Long Islands Nature Preserves - Principles of Composing Nature Photographs

Workshop Leader: Susan Steinmann, Robert Steinmann

Day: Monday

Time: 8:30 AM - 9:45 AM

Workshop Description: We will explore all new locations in Long Island for nature photography. We will share experiences with both photographing and our favorite nature preserves and locations. Whether you use a phone camera, a DSLR or any other kind of camera you can contribute to our group. We will share what we like to shoot and what we have discovered on our way. We will let you know about many hidden gems in our own backyard and beyond. We look forward to welcoming you.

Workshop Title: A History of Israel

Workshop Leader: Robert Weiss, Thom Brownworth

Day: Monday

Time: 8:30 AM - 9:45 AM

Workshop Description: Israel, founded in 1948, is the only Jewish country on the face of the globe. World anti-Semitism culminating in the Holocaust led to the acceptance of the Zionist vision in which Jews must have a HOMELAND I.E. an independent free state in the land of their fathers. This concept, while accepted by the UN in 1947, was met with opposition from Arab states in the Middle East. Israel's history is that of a constant struggle for survival in a hostile region. We will review the 1948 war of INDEPENDENCE, the Six Day War (1967) and the Yom Kippur War of 1973. Israel's relationship with the US and other world powers will be discussed as it relates to historic events.

Workshop Title: Current Events

Workshop Leader: Robert Ober

Day: Monday

Time: 10:15 AM - 11:45 AM

Workshop Description: Workshop is an interactive discussion about current events of the day. All are encouraged to participate in the discussion and voice their opinion about topics of interest. There may be an occasional guest speaker to provide an expertise or perspective to supplement the discussion.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Meditation and Mindfulness

Workshop Leader: Karen Santoro

Day: Monday

Time: 10:15 AM - 11:30 AM

Workshop Description: Learn how to become totally relaxed and have a clear mind. This can be accomplished through a breathing technique, in addition to letting your thoughts float away. Eliminating daily tension is the goal of meditation and this can be accomplished in a short time. A folder, paper and pen are all that you need.

Workshop Title: A Celebration of Rock and Soul Music

Workshop Leader: Bob Hayes

Day: Monday

Time: 10:15 AM - 11:30 AM

Workshop Description: In this course we will view and listen to some of Rock and Soul Music's greatest performers. Besides enjoying some of their finest songs and albums, we will explore their early, formative years. This will help us to better appreciate and understand their musical craft. Our class is designed to be interactive, with class participation being most welcome. Your thoughts and experiences about the music of the era can add greatly to our grasp of each of the artists we will view. For example, your recollection of a particular song or album adds to our appreciation of the music. Also, if you attended any concerts of the performers we discuss in class it would be great to hear your experiences.

Workshop Title: The Mystery Novel as Literature

Workshop Leader: Tasha Greenberg, Diane Fischer

Day: Monday

Time: 10:15 AM - 11:30 AM

Workshop Description: Using PowerPoint presentations plus movies and TV productions, we will continue our examination of this appealing branch of literature with several works including police procedurals, detective stories, crime thriller, forensics and true crime. We will include popular authors and a few who are less well-known.

Workshop Title: The Only Workshop You'll Ever Need

Workshop Leader: Bruce Stasiuk

Day: Monday

Time: 12:00 PM - 1:15 PM

Workshop Description: Did you ever stop to think about things? Like a Wombat. Or the stringy things under a banana skin. Or the Outerbridge crossing? Or Hoi Polloi? Or that Socrates only laughed one time in his life. This workshop involves no work or shopping. It is particularly suitable.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Photography Before Photoshop, Part I

Workshop Leader: Frank De Rubeis

Day: Monday

Time: 12:00 PM - 1:15 PM

Workshop Description: A basic course in the fundamentals of photography including understanding basic camera operations, exposure controls, lighting, color, and other techniques. The purpose of the course is to understand how the new digital, "auto everything" cameras function so that the photographer can exercise control over the final project. The course will include topics that cover all types of modern photography, including the use of smart phones, "point and shoot" cameras, as well as more professional equipment, such as SLR's and other cameras with manual controls.

Workshop Title: Latin, Second Year

Workshop Leader: Thomas Hayes

Day: Monday

Time: 12:00 PM - 1:15 PM

Workshop Description: This is a continuation of the first year Latin offering. All with any background in Latin--or an eagerness to jump in and try--are welcome. As before, all materials will be available online (Latinatolli.pbworks.com). We will begin with a hefty review, so the workshop shouldn't be daunting. See you in Rome!

Workshop Title: La France D'Aujourd'hui

Workshop Leader: Tasha Greenberg, Barbara Lieberman

Day: Monday

Time: 12:00 PM - 2:00 PM

Workshop Description: Leading a real language workshop is always best done face-to-face. However, we feel that French language students would benefit from watching and listening to classic French language movies and TV shows (with English subtitles). We can have a brief discussion after each showing, possibly in English or French or even that great "language" FRANGLAIS! Non-French speakers could certainly enjoy this too.

Workshop Title: Wellness and Aging

Workshop Leader: Lou D'Onofrio

Day: Monday

Time: 1:45 PM - 3:00 PM

Workshop Description: General topics to be discussed include nutrition, physical activity, stress management, and aging. I plan to use material that was not presented during the Spring 2020 semester. There is no prerequisite for this workshop. Videos from the Great Courses or YouTube may be used. We may also have a guest speaker. We always allow time for class discussion. No books or supplies are needed.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Roman Literature: Horace, the Poet with the Light Touch

Workshop Leader: Thomas Hayes

Day: Monday

Time: 1:45 PM - 3:00 PM

Workshop Description: Horace was one of the three stars of the Golden Age of Roman poetry, along with Vergil and Ovid. His muse is not epic, but lyric, writing about love, and hope, and the little joys and disappointments that make up daily life. We will read from his odes as well as his satires and letters (actually reflections), poetry for the ordinary person in the daily rounds. While you can buy copies of his work, everything that we will read will be available in serviceable translations on-line (horaceatolli.pbworks.com). It is Horace who advises us to "Carpe Diem". Join us as we investigate why.

Workshop Title: Watercolor for Beginners

Workshop Leader: Paula Pelletier

Day: Monday

Time: 1:45 PM - 4:45 PM

Workshop Description: This workshop offers an introduction to watercolor paints, paper, brushes and the history of watercolor. We will study the works of accomplished watercolor artists such as Winslow Homer, John Singer Sargent and Charles Demuth for insights into composition, the use of color and inspiration. Basic techniques such as washes, wet into wet and masking will be demonstrated by the instructor. The goal of the course is to awaken the artist in each participant.

TUESDAY

Workshop Title: The Science Behind the Headlines

Workshop Leader: Gene Sprouse, Peter Bond

Day: Tuesday

Time: 10:15 AM - 11:30 AM

Workshop Description: Many high profile issues today, such as global warming and energy, nuclear power and medical radiation, pandemics, lasers and GPS, are best understood if you have some basic scientific background. This workshop will help build your science background in a number of areas and apply that knowledge to a variety of issues, some of which intersect with politics. There will be an opportunity for the class to suggest topics to discuss. Both leaders are physicists and each has experience at communicating science to non-experts without mathematics beyond high school algebra.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Inside the Atom

Workshop Leader: Harold Kirk

Day: Tuesday

Time: 10:15 AM - 11:30 AM

Workshop Description: The 20th century has witnessed a remarkable advancement in the understanding of the physical nature of the world within the atom. In this course we will be following the trajectory of discoveries which have led to our current understanding, beginning with the discovery of radioactivity in 1896 and culminating with the celebrated discovery of the Higgs boson in 2012.

Workshop Title: Business of Sports - 2020 Style

Workshop Leader: Jeff Hollander

Day: Tuesday

Time: 10:15 AM - 11:30 AM

Workshop Description: Most of NYC's 9 major sports teams haven't earned a Canyon of Heroes parade in half a century! Yet, their storied franchises are still atop the Forbes lists each year! Why the loyal fan base and how can our knowledgeable "experts" help get another title?

Dissecting each team's owners, management, player performances and salaries is a given. We'll analyze diminished schedules, fewer fans and, most importantly, vastly missing admissions, concessions and media revenues for the first time.

Our semester may also have overlapping seasons and playoffs in many sports.

Newsday's finest writers, SBU coaches and other sports experts will virtually visit. Add in films and we have the formula for fast-paced weekly fun.

Please join us for Fall's unique sports adventure.

Workshop Title: Yoga 101

Workshop Leader: Denise Teague

Day: Tuesday

Time: 10:15 AM - 11:30 AM

Workshop Description: Yoga 101 welcomes all including those who are new or have little experience with yoga. We will focus on the basics of yoga at a pace that is not overwhelming and in an environment that is safe, welcoming and non-judgemental. Students will be introduced to yoga postures through step-by-step verbal description and demonstration. Emphasis is placed on student understanding, safety, and stability. Yoga mats are required. Props such as yoga blocks and straps are encouraged. Students should wear comfortable clothing. **There is a waiver requirement for this workshop. You will be presented with the waiver and asked to sign it at the first session of the workshop.**

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Help with Your ON1 Photo Edits - Virtual Lab

Workshop Leader: Bob Oliva

Day: Tuesday

Time: 11:45 AM - 1:30 PM

Workshop Description: In this workshop you will use ON1 only (no other photo-editing program) to edit images at home. You will need to have ON1 2019 or 2020 on your home computer.

This workshop can be an adjunct to the ON1 Photo Editing workshop on Fridays or independent ON1 processing edits you have done at home and have questions about.

During the Zoom workshop you will share a “before and after editing” set of files using ON1 from your computer to get assistance in improving the work that you submit. Questions on problems or issues that you encountered while working on your image will be handled live during the workshop.

Workshop Title: Gravity - for the Fall

Workshop Leader: Arthur Forman, Robert DeCostanzo

Day: Tuesday

Time: 12:00 PM - 1:15 PM

Workshop Description: Our subject for the Fall – appropriately, Gravity. We plan to cover gravity from Newton to now, from apples to black holes and gravitational waves. In the 1600’s Newton produced a theory of how gravity functioned, but he admitted he did not know the cause. It has stood us in good stead and still does, allowing us to predict eclipses and orbits of comets and planets and to navigate man-made satellites with great accuracy. When Einstein came up with a completely novel theory of gravity, it seemed esoteric rather than useful, and scientists had to go to great lengths to observe instances where his theory differed from Newton’s. Now, Einstein’s theory is an essential part of cosmology. No background in science is needed.

Workshop Title: Impossible: Physics Beyond the Edge

Workshop Leader: Carter Bancroft

Day: Tuesday

Time: 12:00 PM - 1:15 PM

Workshop Description: In this Workshop we will consider "impossible" concepts in physics. This will include: 1. Ideas previously believed possible, but later proved impossible, e.g perpetual motion; 2. science fiction inventions such as travel via time machines or faster-than-light spaceships, that would lead to paradoxes that are probably unresolvable, and are thus almost surely impossible; 3. concepts previously thought impossible but now shown to be possible, e.g., powered airplane flight and the existence of black holes. The workshop will be based on a Great Courses video lecture series by Dr. Benjamin Schumacher. No background in the subject is required.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Digesting a Good Book

Workshop Leader: Dana Geils

Day: Tuesday

Time: 12:00 PM - 1:15 PM

Workshop Description: Read a book. Then join a lively discussion with other OLLI members in order to examine the style and quality of the writing, the characters, the plot, the themes/problems explored, and consider the what-ifs, hows and whys as well.

We will meet once a month. These are the books and the dates selected:

- For SEPTEMBER 22, please read THE SPLENDID AND THE VILE by ERIK LARSON;
- For OCTOBER 20, please read WHEN ALL IS SAID by ANNE GRIFFIN;
- For NOVEMBER 17, please read ALL THE RIVERS by DORIT RABINYAN.

Workshop Title: Topics in British History

Workshop Leader: David Gable

Day: Tuesday

Time: 1:45 PM - 3:00 PM

Workshop Description: Through the use of video and discussion, we will consider important subjects and people in British history. Recent topics have been Stonehenge, Charles Darwin, and David Hockney.

Workshop Title: Life and Conscious Experience

Workshop Leader: David Tarbell

Day: Tuesday

Time: 1:45 PM - 3:00 PM

Workshop Description: This workshop will explore a number of ideas from modern philosophers and cognitive scientists about the nature and origin of human consciousness. Mainstream science seems to offer some problematic thoughts in this area. Some would say that our conscious thoughts have neither purpose or function. Others would say that they are a chance consequence of underlying physical processes. Yet those very theories are a product of such conscious thought. Evan Thompson, Antonio Damasio, Merlin Donald and some other philosophers and cognitive scientists have offered some ideas which seem to be a better fit with our experience. We will explore these ideas in this workshop. I will supply notes and no book purchases are required, although I will suggest some places for further reading, and I plan to make room for plenty of discussion of the ideas involved. This builds on some of the material I used in my "On Being Human" workshop.

OLLI at SBU Fall 2020 Schedule - Catalog Version

WEDNESDAY

Workshop Title: Poetry, a Living Document

Workshop Leader: Daniel Daly, Jane Madden-Koch

Day: Wednesday

Time: 8:30 AM - 9:45 AM

Workshop Description: Some poetry has the power to bring history to life. Consider Whitman's response as a volunteer nurse during the Civil War. Each session will begin with such poetry before turning to recent American work revealing familiar sensibilities. No text is required. All work evaluated can be accessed and printed from the computer. The first session will be devoted to creating a syllabus, although we will dive right in by talking about these poems: 'The Soldier' (Rupert Brooke) and 'Dulce et Decorum Est' (Wilfred Owen).

Workshop Title: The National Parks of New York State

Workshop Leader: John Gobler

Day: Wednesday

Time: 10:15 AM - 11:30 AM

Workshop Description: This course will take you on a journey through the 34 National Parks/Historic Sites of New York State. Some of the places may be familiar to you, and you may know a bit about them, but in this journey you will learn a lot more about the places you might know, and discover a whole world of new sites you may never have heard of. At each of the sites we will visit, you will learn the rich heritage behind them and the stories of their history that made them worthy of being designated a National Park or Heritage Landmark Site. Check the OLLI Fall Zoom schedule to find out when this course will be available. See you all then!

Workshop Title: Tragic Theater

Workshop Leader: Arthur Bernstein

Day: Wednesday

Time: 10:15 AM - 11:30 AM

Workshop Description: The workshop will involve an in-depth analysis of three of Shakespeare's comedies: The Winter's Tale, Much Ado About Nothing and a third play (as yet undetermined). We will read each play, discuss it and view a video production. To facilitate the discussion, it's helpful if we all have the same edition (so we can refer to line numbers). I've chosen the Arden edition for the course.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: The Paleo Perspective

Workshop Leader: Bob DeCostanzo

Day: Wednesday

Time: 12:00 PM - 1:15 PM

Workshop Description: The Paleo Perspective is an anthropological perspective. How much of our human nature can we attribute to our evolutionary past? Discussions will center on the "nature-nurture" argument. Topics will include genetics, the brain, survival, sexual reproduction, morality, religion, economics, and politics. I am planning for it to be a two semester workshop.

Workshop Title: How to Improve Your Thinking and Communicating Abilities

Workshop Leader: Martin Levinson

Day: Wednesday

Time: 12:00 PM - 1:15 PM

Workshop Description: This course will offer strategies on how to improve your thinking and communicating abilities by exploring acknowledged techniques and practices from the fields of psychology, communication, education, and philosophy. The class will feature lectures, discussions, informative and entertaining exercises, recommended readings, and instructive videos.

Workshop Title: A Musical Grand Tour

Workshop Leader: David Bouchier

Day: Wednesday

Time: 12:00 PM - 1:15 PM

Workshop Description: This semester we will continue to explore the musical landscape that we began to discover in previous workshops, the glorious age of classical music from the late eighteenth to the early twentieth centuries. The aim is to make that music more accessible and enjoyable for everyone. Once again we will take a grand tour of Europe, This was how a wealthy young man in the eighteenth or nineteenth century would complete his education and learn about the world. We will travel from London and Paris to Prague and Venice, seeing the sights, meeting the composers, and hearing their music.

Workshop Title: Socrates/Plato

Workshop Leader: Richard Hart

Day: Wednesday

Time: 1:45 PM - 3:00 PM

Workshop Description: In an effort to understand who was Socrates and what were his philosophical views we will read and discuss some early dialogues by Plato, Socrates's star pupil. Topics will include human virtue/excellence and how it is acquired, how we come to have knowledge of anything, what it means to be a moral person and live a good life, and just why philosophy is so important for individuals as well as the larger society. Through close textual reading and analysis,

OLLI at SBU Fall 2020 Schedule - Catalog Version

questioning, discussion and debate, we will hope to develop a clearer picture of Socrates, one of the most important figures in Western intellectual history and culture. Required text-- PLATO: FIVE DIALOGUES, trans. G.M.A. Grube, (Hackett Publishing) paperback. To purchase a paperback or digital copy of the book from Amazon, please visit the following link:

<https://www.amazon.com/Plato-Dialogues-Euthyphro-Apology-Classics/dp/0872206335>.

Workshop Title: A Guide to Rational Living

Workshop Leader: Jeffrey Kochnower, Ph.D.

Day: Wednesday

Time: 1:45 PM - 3:00 PM

Workshop Description: We are upset not by things, but by the views we take of them. This is especially true during this time of vulnerability and social isolation, when it's easy to feel stressed or even depressed. We will be going over the Third Edition of the book, A Guide to Rational Living, by Albert Ellis and Robert Harper (ISBN 0-87980042-9), \$15.30 from Amazon.com, one of the approaches I used in my practice as a licensed Psychologist. We will take turns reading from highlights from the book and discussing questions on each chapter. Participants will come away less disturbed by today's stresses and less disturbable in general.

Workshop Title: Messing with the Masters, a course for people with some imagination and an occasional appreciation for a bad sense of humor

Workshop Leader: Abigail Chanis

Day: Wednesday

Time: 1:45 PM - 3:00 PM

Workshop Description: In this class we will discuss your suggestions, both serious and silly, about changing the characters or plot of some classic movies and/or books. For example, most people have an opinion about changing the movie Casablanca. What would have happened if she stayed with Rick or what if she was secretly in love with Sam all along. At the beginning of each class, the instructor will give a 10 minute synopsis of the book and/or movie to be discussed that day. Thereafter, class participants will each be given a few minutes to suggest changes to the movie or book (i.e. each person will be encouraged to tell us the ending they might have written). The class would discuss the suggested changes they found funny or serious, and whether they still liked the original version better. At the end of each class, a vote would be taken yay or nay, whether to mess with the masters. Possible titles to be discussed will include, Casablanca, To Kill a Mockingbird, Murder on the Orient Express, Great Expectations, Rebecca, Pride and Prejudice, and Hamlet. The books and movies to be discussed in this class can usually be found in most libraries and bookstores.

OLLI at SBU Fall 2020 Schedule - Catalog Version

THURSDAY

Workshop Title: Food: A Cultural Culinary History

Workshop Leader: Merrill Heit

Day: Thursday

Time: 10:15 AM - 11:30 AM

Workshop Description: Eating is an indispensable human activity. The drive to obtain food has been a major catalyst across all of history, from prehistoric times to the present. We shall discover the richness of world cultures and greatly broaden our enjoyment of fine foods and their unexpected relationships to significant turning points in human history.

Workshop Title: Medicine and Morals: Your Jewish/Religious Guide Through Life's Tough Decisions

Workshop Leader: Rabbi Shalom Ber Cohen

Day: Thursday

Time: 10:15 AM - 11:30 AM

Workshop Description: No easy questions. No easy answers. Medicine and Morals, is your chance to get real with the subject of medical ethics —discuss actual case histories, and get a sense of direction to weather the toughest challenges you'll ever face.

A man wonders if his dying father should remain on life support.

What would you do?

A parent wonders if they should tell their child he has a potentially serious genetic disorder.

What would you do?

A woman wonders if she's morally obligated to give a kidney to her cousin who has to undergo dialysis daily.

What would you do?

Chances are, like most people, you don't know what you would do — or even where you would turn for guidance. But with medicine's increasing role in our lives, most of us will have to face such issues at some point or another.

That's why you'll want to know about a remarkable new course called Medicine and Morals: Your Jewish Guide through Life's Tough Decisions. It's based on two premises: (1) that Jewish wisdom has much to say about these matters; and (2) that the best time to deal with them is now, while the pressure is off.

Actually, there's a third premise: that today's complex medical issues are fascinating, profound, and likely to kick up amazingly lively classroom discussion.

Watch the course trailer here: https://www.youtube.com/watch?v=__qiVWbIOpw&feature=emb_title.

Textbook optional:

<https://www.amazon.com/Medicine-Morals-Through-Decisions-Textbook/dp/1934463302>.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Old Testament

Workshop Leader: Marianne Mione, John Gobler

Day: Thursday

Time: 10:15 AM - 11:30 AM

Workshop Description: The Bible is the foundation document of Western thought. This 2 part workshop offers an introduction to the history, literature, and religion of ancient Israel and early Judaism as it is presented in the collection of texts called the Old Testament. Oriented toward historical context and literary import, our guest lecturer, Prof. Amy Jill Levine, does not avoid raising issues of religious concern. The goal is to provide members of faith communities with richer insights into the literature that forms their bedrock.

Workshop Title: American Plays

Workshop Leader: Irma Gurman, Sol Gurman

Day: Thursday

Time: 12:00 PM - 1:15 PM

Workshop Description: Learning about, watching and discussing great American plays.

Workshop Title: The History and Evolution of the Financial Markets

Workshop Leader: Thomas Scuccimarra

Day: Thursday

Time: 12:00 PM - 1:15 PM

Workshop Description: This course explores the history of the various markets that comprise today's financial industry including stocks, mutual funds, exchange traded funds (etf's), bonds, commodities, real estate and insurance markets.

It will walk through the beginnings of each of these markets and how environmental factors such as weather, interest rates, inflations, human longevity, industrial innovation, technology, government regulation, changes in socio-economics, a rising middle class and public demand have impacted and shaped these industries as we know them today.

Each journey will begin with the earliest evidence and models of these particular markets, why they developed and how they evolved under the pressures mentioned above and how their current form and function addresses the current needs of the public.

We will discuss a number of theories and theorists that have shaped our perception of risk and how market innovations attempt to control it such as asset allocation, asset correlation and active vs passive management.

Students who attend this class will have a better appreciation on how these markets evolved and where they might be headed based upon the trends that they have followed to this day.

An example of the commodities industry will show how farmers and merchants of the past went from boom to bust depending upon the environmental factors such as flood, drought, blight or pestilence and how they fought to stabilize the prices they could charge for their crops by developing

OLLI at SBU Fall 2020 Schedule - Catalog Version

contracts in advance of their harvests. This development had its birth as early as the 13th century in Belgium and is still in use today.

There is no better place to have this discussion than Stony Brook University which, in many ways, was the incubator of quantitative investing, a new frontier in managing risk. Stony Brook's math department headed up by Jim Simons, was instrumental in the current transformation of the investment industry, which up until the late 90's, relied heavily upon fundamental analysis and traditional portfolio management.

Certain technologies birthed and refined at Stony Brook led to different and revolutionary ways of looking at the markets and investing.

The format for the class will be a combination of lecture and discussion in a ratio of about 60/40. Each of the topics presented will lend themselves to lively discussion which is not only welcomed but encouraged.

I will use Powerpoint slides, a whiteboard or its equivalent and video clips as appropriate.

I will present in a very warm and fun manner that provokes engagement and discovery.

Workshop Title: Jerry: Before, During and After Seinfeld

Workshop Leader: Diane Hollander, Jeff Hollander

Day: Thursday

Time: 12:00 PM - 1:15 PM

Workshop Description: More than 30 years after the mega-hit comedy "Seinfeld" debuted, episodes still command a loyal following.

Brooklyn-born Jerry grew up in Massapequa but his career is a story in itself. Join us on a journey exploring his comedy idols and mentors and how his success was truly much ado about nothing....or was it?

Seinfeld's hilarious ensemble will share how the show changed their lives forever. Dozens of characters will enhance your experience reliving some of our favorite moments. Jerry walked away from \$5M per episode in 1999 to begin living a more normal life. We'll highlight his stand-up specials and "Comedy in Cars" series on Netflix and beyond. Escape with us to a stressless semester of laughter.

Workshop Title: Beethoven

Workshop Leader: Irma Gurman, Sol Gurman

Day: Thursday

Time: 1:45 PM - 3:00 PM

Workshop Description: An in-depth study of the life and works of Ludwig van Beethoven.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: The Cold War

Workshop Leader: Frank Myers

Day: Thursday

Time: 1:45 PM - 3:00 PM

Workshop Description: Because the conflict that we call the Cold War never reached the point of violence between the major players, it was largely through symbolic and rhetorical acts and statements. This workshop traces the evolution of the conflict through analysis of major events and political speeches and through film. Our focus begins in 1946 with Churchill's "Iron Curtain" speech and continues through the statements of Reagan and Gorbachev in the late eighties.

Workshop Title: Opera, Opera, Opera

Workshop Leader: David Gable

Day: Thursday

Time: 1:45 PM - 3:00 PM

Workshop Description: Using videos from the great opera houses of the world, we will consider ways to better understand and enjoy this tantalizing art form.

Workshop Title: The Joy of Writing

Workshop Leader: Ron Hollander

Day: Thursday

Time: 1:45 PM - 3:45 PM

Workshop Description: The Joy of Writing should more aptly be called The Joyful Work of Writing. This will be a serious workshop for participants who truly want to improve their writing, not merely to share it. There will be rewrites, reading of short professional examples, and writing exercises. Our gentle critiques of colleagues' work also will be examined: Why is it "beautifully written?" Cite specific examples. Where can it be improved? Techniques like dialogue, showing not telling, use of the specific, a narrative "arc", anecdotal opening, and vivid scene-setting among others will be considered. Emphasis is on growing as a writer.

Workshop Title: The Craft of Writing

Workshop Leader: Mark Prendergast

Day: Thursday

Time: 1:45 PM - 3:45 PM

Workshop Description: Each session begins with a brief discussion of an aspect of the writing process. Members who wish to can then read aloud short samples of their writing – up to 500 words – for group discussion and analysis. The workshop is open to all genres – fiction, non-fiction, poetry, dialogue, letters to the editor, memoir, opinion pieces, etc. The workshop leader is a veteran journalist, professor and workshop leader. Recommended text: The Elements of Style, Fourth Edition, by William Strunk Jr. and E.B. White (Pearson)

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Gandhi: His Life and Legacy

Workshop Leader: Narayan Hegde

Day: Thursday

Time: 3:30 PM - 4:45 PM

Workshop Description: Writing about himself in 1934, Gandhi said: "I make no hobgoblin of consistency. If I am true to myself from moment to moment, I do not mind at all the inconsistencies that may be flung to my face." Albert Einstein, writing about Gandhi in 1944, said: "Generations to come, it may be, will scarce believe that such a one as this even in flesh and blood walked upon this earth." Gandhi's legacy and relevance to the contemporary world has been a much debated subject. Through a sampling of both autobiographical and biographical selections - including Richard Attenborough's classic movie "Gandhi" - to the extent it is feasible in a virtual classroom, the workshop will explore the life and legacy of Mahatma Gandhi.

FRIDAY

Workshop Title: Adventures in Art and Photography

Workshop Leader: Eric Lohse

Day: Friday

Time: 8:30 AM - 9:45 AM

Workshop Description: Workshop members will present their work weekly for critique and discussion. Emphasis is placed on achieving an effective presentation to the maker's target audience. Not previous experience is necessary. Learning to see more intently is one of the workshop's goals.

Workshop Title: Understanding Electronics

Workshop Leader: Richard Bova

Day: Friday

Time: 8:30 AM - 9:45 AM

Workshop Description: Electronics technology is all around us. It is in our homes, our cars and in everyday devices that we use and take for granted. This workshop is meant for non-professionals who are interested in a basic understanding of how it all works. We will start with the principles of electricity and electrical components and then move on to semiconductors from simple diodes and transistors to integrated circuits. Topics such as analog vs digital systems, digital devices and computer components will also be discussed. Some formulas will be used in the workshop but math skills are not required to understand the topics that will be covered.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Memoir Writing

Workshop Leader: Dorothy Schiff Shannon, Sheila Bieber

Day: Friday

Time: 9:30 AM - 11:30 AM

Workshop Description: You are the repository of the stories of your time. We will be both storytellers and historians. Memoir writing is a group effort in which we support and critique one another's work, in an effort to produce memoirs worthy of preservation.

Workshop Title: Advanced Creative Photography

Workshop Leader: Doris Diamond, Germaine Hodges

Day: Friday

Time: 10:15 AM - 11:30 AM

Workshop Description: This workshop is for those who have a command of both digital cameras and photo editing software and are looking to express themselves creatively through photography. We will explore ways to enhance creativity "in camera" and in post processing, by sharing still images, original photography books, and slideshows. We will explore many forms of creative photographic expression.

Workshop Title: Practicing Mindfulness

Workshop Leader: Wayne Snell

Day: Friday

Time: 10:15 AM - 11:30 AM

Workshop Description: Practicing Mindfulness (with Meditation), An Introduction to Meditation using the Great courses DVDs by Dr. Mark Muesse. Each class will start with a short guided relaxing meditation, followed by the viewing of a 30 minute DVD, and then by another guided meditation and discussion. Everyone is welcome, even if you have never meditated before. Learn techniques that can transform your mind.

Workshop Title: Black Movies Matter

Workshop Leader: Mike LoMonico, Fran LoMonico

Day: Friday

Time: 10:15 AM - 11:30 AM

Workshop Description: Movies by Black directors are having a significant impact on society. Mainstream movie audiences are finally getting honest, intelligent portrayals of both contemporary Black lives and our nation's history from a Black perspective – the type of stories only Black filmmakers can tell. This workshop will focus on many of the best examples of these films, including those directed by Ava DuVernay, Spike Lee, Barry Jenkins, and Jordan Peele. Each week, I will select a film that is available through your library, on Netflix, or Amazon Prime, and participants will watch it on their own. Then we will come together to have a lively Zoom discussion.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: Watercolor Studio

Workshop Leader: Bob Stone

Day: Friday

Time: 10:30 AM - 11:45 AM

Workshop Description: During this workshop participants share the art they are making, watercolor or similar media, and invite constructive comment and critique. The work may be finished or unfinished. Members may also share resources, techniques or their perspectives on art. This is a member driven workshop and suggestions on its direction are welcomed.

Workshop Title: ON1 Raw Photo Editing

Workshop Leader: Bob Oliva

Day: Friday

Time: 11:45 AM - 1:30 PM

Workshop Description: In this workshop we will be developing the skills needed to enhance your photos and make them stand out from the crowd using On1 Photo RAW 2019 or 2020. You must have either version on your own computer. This application can be used as a complete standalone editor or as a plugin to Photoshop or Lightroom. We will be covering all the modules, starting with Browse and ending with Layers. Because of this the workshop will take two semesters to complete. This is a “Hands on” workshop, you will be provided sample photos to practice on in class that will be emailed to you. This is a two semester workshop, Fall & Spring, that is intended for beginners and returning members that want to get more out of ON1.

Workshop Title: Op-Ed Friday

Workshop Leader: Ken Buxbaum, Sandy Flansbaum

Day: Friday

Time: 12:00 PM - 1:15 PM

Workshop Description: Op-Ed provides the opportunity for you to join in discussions of the political, social and economic issues currently affecting our lives. Each week three different volunteers bring in newspaper, internet or magazine opinion articles that would make for a lively discussion by members with differing points of view. While every volunteer has the opportunity to comment first or last on their own article, they may want to sit and listen as everyone gets a chance, face-to-face, to voice his or her opinion on the subject.

OLLI at SBU Fall 2020 Schedule - Catalog Version

Workshop Title: World War I

Workshop Leader: Paul Knel

Day: Friday

Time: 12:00 PM - 1:15 PM

Workshop Description: Join me as we continue our discussion of World War I. We will delve into the major events of 1917 including America's entry into the War, the Russian Revolution, and the mutiny of the French Army. In addition, the major personalities of that year will be touched upon.

Workshop Title: Great Novels: The Age of Realism

Workshop Leader: Anita Edwards

Day: Friday

Time: 12:00 PM - 1:15 PM

Workshop Description: Explore two famous examples of mid-nineteenth century realism. The first, Gustave Flaubert's *Madame Bovary*, the story of a French country doctor's wife, was considered so audacious that the author was subjected to legal action by the government. (translation by Paul de Man) The next novel, Fyodor Dostoevsky's *Crime and Punishment*, set in the tumultuous atmosphere of pre-revolutionary Russia, involves a young man and a murder, the torment of guilt and the redemptive power of love. (translation by Jessie Coulson) Discussion will consider historical setting, characters, plot, style and theme.

Workshop Title: Poetry Workshop

Workshop Leader: Geraldine Kaplan

Day: Friday

Time: 12:00 PM - 1:15 PM

Workshop Description: Participants bring in their poetry and share their work with the group. The goal is to point out the strengths of the writing with the goal of encouraging the writer to continue writing and improve their skills in writing poetry.

Workshop Title: The Science of Natural Healing

Workshop Leader: Wayne Snell

Day: Friday

Time: 1:45 PM - 3:00 PM

Workshop Description: Explore holistic approaches to health care and discover many natural-based treatments and methods that are both clinically proven and readily available to you. The Great Course DVD by Professor Mimi Guarneri, M.D. FACC Scripps Center for Integrative Medicine will be integrated into this class. (Activities applying the Lectures of natural healing, such as Breathing, Chair exercise, Stretching, and stress reduction will be included in each class.)