



**STONY BROOK  
UNIVERSITY**

## VIRTUAL RESOURCES WHILE AT HOME- Issue 2



The entire e-mail message may get cut-off on the bottom. It will say **"MESSAGE CLIPPED"** on the bottom of the message. Click where it says **"VIEW ENTIRE MESSAGE"** and the remaining information and links will appear.

Greetings!

We hope you enjoyed some of the links to the virtual activities from our first issue of

**OLLI THINGS TO DO AT HOME during COVID-19.**

This is ISSUE #2 and we have included some new links to very helpful resources and other interesting and entertaining activities for everyone.



If you are looking for anything specific that you would like to see included in this newsletter or if you would like to share another site with other OLLI members, please send an e-mail to Liz Wilson at: [elizabeth.wilson@stonybrook.edu](mailto:elizabeth.wilson@stonybrook.edu)

## LONG ISLAND DELIVERY & CURBSIDE OPTIONS

**We have compiled a list of Long Island delivery services, grocery stores, markets, restaurants, liquor stores, breweries and vineyards that will either deliver, ship or offer curbside pick-up during COVID-19. Many on the list do not have delivery fees depending on proximity to establishment. Let's support our local stores and businesses (especially the small mom & pop shops) by patronizing them during this difficult time.**

**[CLICK HERE FOR LIST OF DELIVERY & CURBSIDE OPTIONS](#)**

**One of our OLLI members has been published in Newsday.  
Congratulations to Lily Klima!**

**[CLICK HERE TO READ THE STORY](#)**

**LIGHTHEARTED ENJOYMENT**



**Museum Asks People To Recreate Paintings  
With Stuff They Can Find at Home**

[CLICK HERE](#)

**Coronavirus Sanity Guide**

[CLICK HERE](#)

**FUN FACT:**  
Sea otters hold hands  
when they sleep to keep  
from drifting apart.



## THEATER

**Today  
Tix**

[CLICK HERE](#)

**Brooklyn  
Academy of  
Music**

[CLICK HERE](#)

**Tribeca Film  
Studios**

[CLICK HERE](#)

**New York  
Live Arts**

[CLICK HERE](#)

## MUSIC



**STALLER**  
CENTER FOR THE ARTS



**RIO  
CARNAVAL  
2020**

## WELLNESS

**Tai Chi Class**

[CLICK HERE](#)

**Chair Yoga**

[CLICK HERE](#)

**Pilates**

[CLICK HERE](#)

**Headspace  
Meditation**

[CLICK HERE](#)

**Insight Timer for  
sleep, anxiety & stress**

[CLICK HERE](#)

**OneYou  
Home Workout**

[CLICK HERE](#)

## THINGS TO DO WITH KIDS/ GRANDKIDS

**Ology  
Science for kids**

[CLICK HERE](#)

**How to  
Videos**

[CLICK HERE](#)

**Disney  
Dance-Alongs**

[CLICK HERE](#)

## DANCE

**Ballroom**

**Salsa**

**South Indian**



[Dance Lessons](#)

[Dance Lessons](#)

[Classical Dance](#)

## THE FOREIGN POLICY ASSOCIATION: *Great Decisions Docuseries*

[RisingTide: Climate Change  
& the World's Oceans](#)

[RedSea Rivalries:  
A Conflict of Interests](#)

[TheNew India](#)

[Unchained:The Scourge  
of Trafficking](#)



## TAKE A VIRTUAL TOUR OF NEW YORK

[New York  
Landmark  
Conservancy](#)

[CLICK HERE](#)

[Experience  
New York City](#)

[CLICK HERE](#)

[Coney Island  
History Project](#)

[CLICK HERE](#)

[Empire State  
Building](#)

[CLICK HERE](#)

[Discover  
Long Island](#)

[CLICK HERE](#)

[Pollock Krasner  
Live Video Chat Tour](#)

[CLICK HERE](#)

## OTHER SITES

[Social Distancing  
Festival](#)

[Smithsonian  
Magazine](#)

[Culinary Institute of  
America Cooking  
Videos](#)

We hope these websites are useful and provide some entertainment while you are home during COVID-19.

