Stony Brook University

SAFETY TALK

Environmental Health and Safety Newsletter May 2016

Slips, Trips and Falls

In 2015 on Stony Brook's main campus we had 52 employees injured due to slips, trips, or falls; resulting in 507 days away from work. Many of these injuries are caused by unsafe behaviors or decisions, and failure to correct unsafe conditions when they are recognized. Review the following list of tips to help reduce the number of these hazards in your workplace.

Tips to Reduce Slip, Trip and Fall Hazards:

- Clean slip hazards on walking and working surfaces such as water, ice, snow, oil and grease. Repair leaking equipment, awnings and shelters immediately.
- Walk; do not run to your destination. Give yourself enough time to get where you are going.
- Wear shoes that have good tread and are made of non-slip material (rubber).
- Watch where you are going while walking—pay attention and do not get distracted. Reading, writing, texting and similar tasks while walking is not safe behavior.
- Always familiarize yourself with the work area and activities before starting.
- Pick up hoses, cords, chains and other similar hazards immediately after use and safely store them. Install retractable hose and cord reels if possible.
- Maintain 3 points of contact when climbing ladders and stairs. Use handrails.
- Inspect walkways before lifting and carrying something if your visibility to the ground is going to be obstructed.
- Pick up and properly dispose of banding and straps when unpackaging materials and supplies.
- Apply non-slip tape to handrails, steps and walking surfaces if necessary.
- Pick up and safely store brooms, shovels and tools. Do not lean them against a vertical surface because they can fall over and become a trip hazards.
- Routinely inspect the condition of handrails and guards.
- Always use fall protection if there is any possibility that you could be injured by a fall from your work area.

Date:	
Department:	
Supervisor ***(please print)*****:**	
Supervisor Signature:	
Employee Participants: ***Please Print Clearly***	*Signature*

Environmental Health and Safety

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Supervisor must perform safety talk for the noted month and ensure all employees sign off on this form. Completed form is to be kept on file by department.